



Dairy Dash 5/10K Run/Walk and the Holstein Scamper 2K Run/Walk

Saturday, August 6, 2016

REGISTRATION FORM

All Participants must complete this registration form.

Name: _____ Phone: _____

Address: _____ City: _____ Postal Code: _____

Birthdate: ____/____/____ ☐ male ☐ female
yy/mm/dd

Check All Categories That Apply:

Registration Fee: \$20 5K run/walk ☐
\$20 10K run/walk ☐
\$10 2K Holstein Scamper ☐

Please note that registration fees are non-refundable and nontransferable.

Age Group: ☐ 10 & Under ☐ 11-17 ☐ 18-29 ☐ 30-39 ☐ 40-49
☐ 50-59 ☐ 60+

Waiver of liability:

In consideration of the acceptance of my entry, I hereby for myself, my heirs, executors, administrators, and assigns do hereby waive, release, and relinquish any and all rights and claims including but not limited to those against the Winchester Dairyfest and the Township of North Dundas known and unknown, presently existing or hereafter to exist, for any and all damages, demands, and actions in any manner, I now have as a result of my participation in the Winchester Dairy Dash 5K, 10K or the Holstein Scamper 2K Run/Walk events including travel to and from this event. I attest and verify that I am physically fit and have sufficiently trained for the completion of this event and a qualified medical person has not advised me otherwise. Further, I hereby grant full permission and likeness any broadcast, title cast, video or print media for the event without compensation to me.

Signature: _____

Date: _____

Parent's Signature (if participant is under 18) _____



Race Day Information

Start Location: Joel Steele Arena
100 Club Park

Finish Location: Joel Steele Arena
100 Club Park

Registration Times: 8:00 am

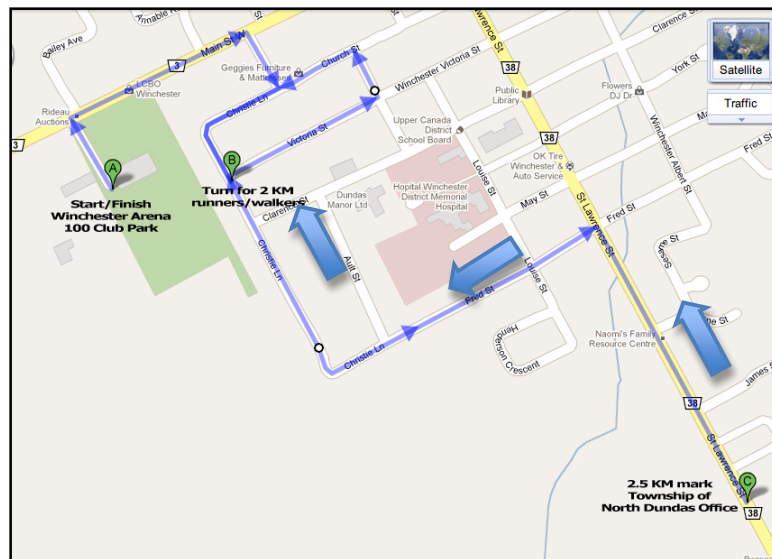
Starting Times: 8:30 am for 5/10K Run/Walk
9:00 am for 2K Run/Walk

Water and Medical Assistance: There will be one water stop along the course at the 2.5 kilometer mark. There will be first aid personnel on call, and stationed at the 2.5 kilometer mark. Restrooms are available in the Township of North Dundas Office and at the Winchester Arena, at the start and the ½ way point and at the finish line.

In Case of Weather: The race will be held rain or shine. However, if there is lightning in the area, the race start may be delayed or, depending on the intensity, be cancelled. This determination will be made by the Winchester Dairyfest planning committee. Shelter will be available in the Winchester Arena should it be needed. **Please note that registration fees are non-refundable and nontransferable.**

Race Parking: Parking is available in the Joel Steele Arena parking lot.

Route:



Winchester Dairyfest
16 Christie Lane, Winchester, ON, K0C 2K0
(613) 907-6916
www.winchesterdairyfest.com